

1. Login to Health on Track using your NetID at <https://healthontrack.yale.edu/>.
2. Select “**Contact Us**” in the navigation bar at the top of the page.
3. In the dropdown titled “Reason for Contact,” select the option “**Request a medical exemption from a requirement**” or “**Request a religious exemption from a requirement (not available for all vaccines)**”.
4. A list of outstanding health requirements will be shown. Select one or more health requirements to request an exemption. **Note:** *Religious exemptions are not permitted for certain vaccinations, per Connecticut State regulation.*
- If requesting a **Medical Exemption**, click the link “**Read more about medical exemptions and download the form(s).**” to download the Yale approved exemption form.
5. The Yale exemption form must be completed and signed by your medical provider. Alternate forms will not be accepted. Additional documentation may be attached but does not replace the Yale exemption form.
6. After the form has been completed and signed by your medical provider, log back into Health on Track to upload the form and complete the request process.
  - a. Select the applicable requirements.
  - b. Click **Upload Files** to upload the exemption form.
  - c. Click **Submit**.

The screenshot shows the 'Contact Us' page on the Yale Campus Health website. The navigation bar includes 'Home', 'My Requirements', 'My Documents', 'Contact Us', and 'More'. The user is logged in as 'Chris Begley'. The main content area contains a form titled 'Contact Campus Health' with the following fields and options:

- Name: Chris Begley
- Email: christopher.begley@yale.edu
- \* Reason for Contact: A dropdown menu with 'Request a medical exemption from a requirement' selected.
- \* Select the requirements you're requesting a waiver/exemption for:
  - COVID Vaccination
  - Flu Vaccination 2023
- A link: [Read more about medical exemptions and download the form\(s\).](#)
- \* Please attach medical exemption form (linked above) signed by your medical provider. Accepted types: jpeg, jpg, png, pdf, bmp, tiff
- Upload Files (with an upload icon) Or drop files
- Submit (in a blue button)

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7. If requesting a **Religious Exemption**, please provide details about your religious exemption request in the field provided. Information must be provided in the box for consideration.
8. Click **Submit**.

**Note:** Connecticut state regulations do not permit religious exemptions for several vaccinations.

The screenshot shows the 'Contact Us' page on the Yale Campus Health website. The page header includes the Yale Campus Health logo and navigation links: Home, My Requirements, My Documents, Contact Us (underlined), and More. The user's name, Chris Begley, is displayed in the top right corner. The main content area contains a message: 'Have a question about your health requirements or how to fulfill them? We have you covered. Complete the form below to connect with the Campus Health team.' Below this is a form titled 'Contact Campus Health'. The form contains the following fields and options:

- Name:** Chris Begley
- Email:** christopher.begley@yale.edu
- \* Reason for Contact:** A dropdown menu with the selected option: 'Request a religious exemption from a requirement (not available for all vaccines)'.
- \* Select the requirements you're requesting a waiver/exemption for:** Two checkboxes are present: 'COVID Vaccination' and 'Flu Vaccination 2023', both of which are currently unchecked.
- \* Please provide details about your religious exemption request:** A large, empty text input field.
- Submit:** A blue button located at the bottom right of the form.

At the bottom of the page, there is a copyright notice: 'Copyright © 2024 Yale University'.