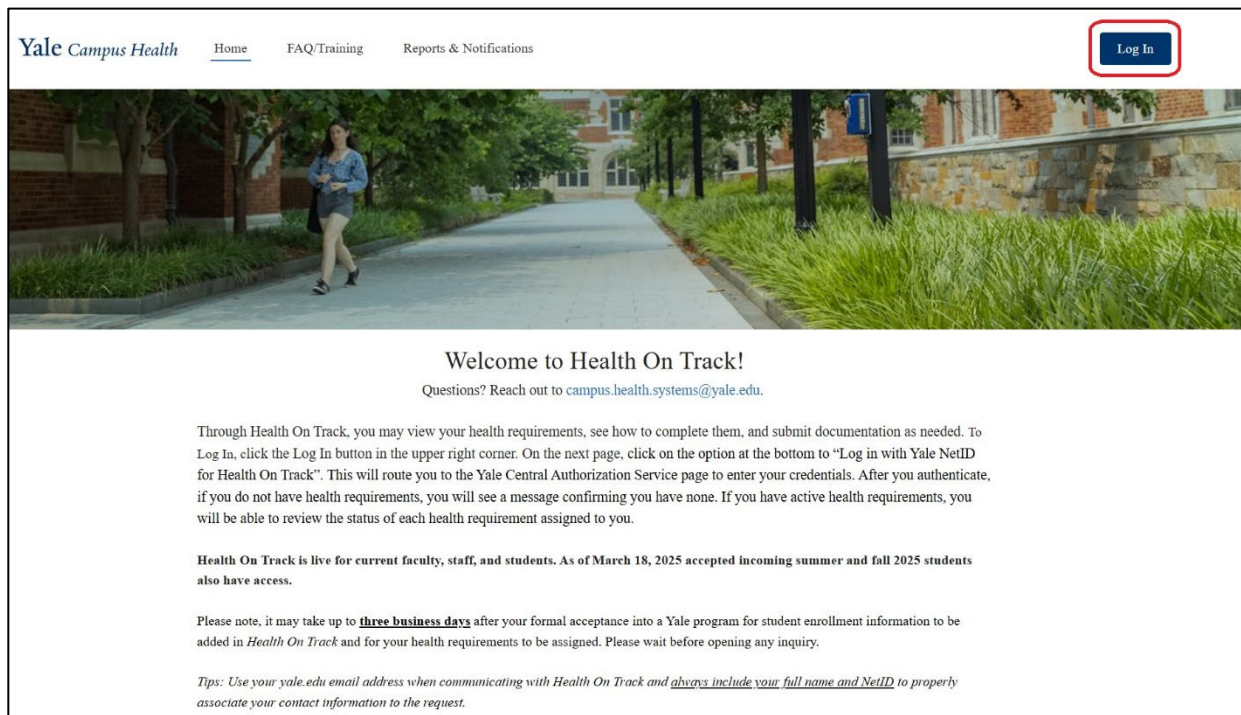


Health On Track is Yale's portal for managing and fulfilling health requirements. Students, staff and faculty, and those who supervise individuals with health requirements for employment or research purposes will be able to log in. If you cannot log in with your Yale NetID, it means that you do not have any health requirements at this time. If you have questions about requirements and cannot log in, email campus.health.systems@yale.edu.

Log in instructions:

1. To access Health On Track, go to <https://healthontrack.yale.edu/s/>.
2. From the home page, click the **Log In** button in the upper right corner. If you were already authenticated in CAS, you may go directly to the login screen in the next step.



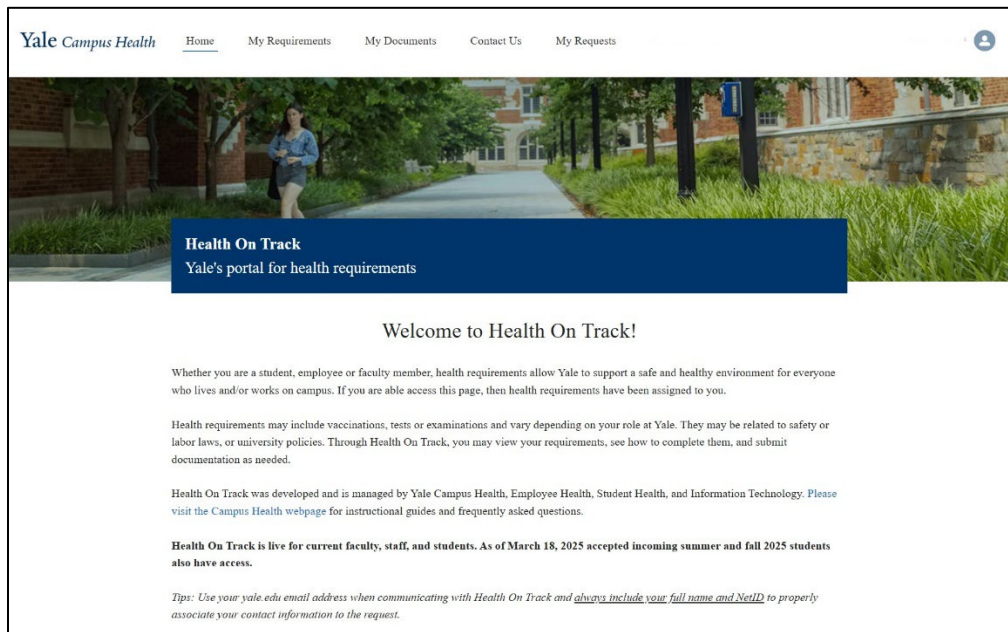
3. On the Log In page, click on the option: "**Yale NetID for Health On Track.**"



- This will open the Yale Central Authorization Service (CAS) page. Sign in with your NetID and Password.

The screenshot shows the 'Central Authentication Service' sign-in page. At the top, there is a dark blue header with the text 'Central Authentication Service'. Below the header, there are links for 'Manage NetID Account' and 'Help'. A central box contains a security warning: 'Make sure your session is secure' and instructions to verify the URL 'https://secure.its.yale.edu'. To the right, there is a 'Sign In' section with input fields for 'NetID' and 'Password', a 'Forgot My Password' link, and a blue 'SIGN IN' button. The footer includes the Yale logo, copyright information for 2026 Yale University, and links for 'Accessibility at Yale' and 'Privacy Policy'.

The Health On Track home page will open. You will now be able to view your requirements, review any documents that have been uploaded or created, and access the Contact Us option to ask questions.



Any outstanding health requirements or Workday Learning requirements will be displayed on the Home Screen.

The screenshot shows a notification message box. It begins with 'Welcome' and states, 'You have outstanding health requirements. Do you want to satisfy any of them now?'. At the bottom of the box, there are two buttons: a light blue 'Pause' button on the left and a dark blue 'Next' button on the right.

Note: If you see the message “No Health Requirement(s) Found” it means you do not have any health requirements. If you believe you received this message in error, contact campus.health.systems@yale.edu.