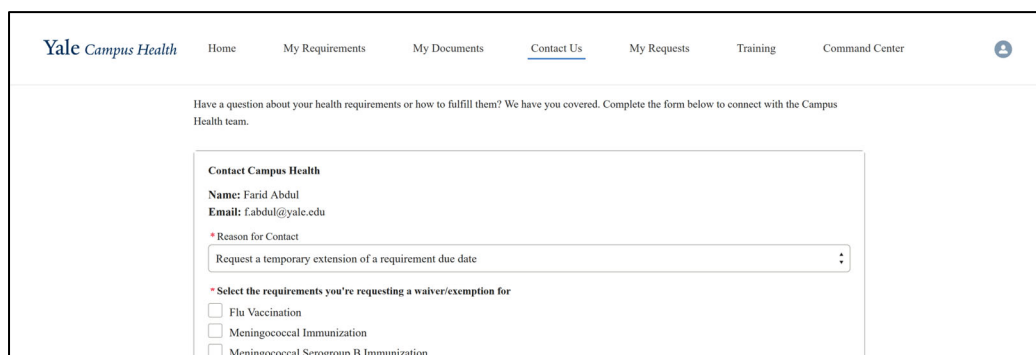


Please follow these instructions to understand the differences between an extension and a waiver. Then log into *Health On Track* to select the appropriate choice in the Contact Us dropdown on the top navigation bar.

A **Temporary Extension** is a delay for a set time period due to an approved reason related to, but not limited to, delays due to vaccine access, appointments, or required dosing timeframes. Temporary extensions **may** be granted if you need additional time to complete your requirements. (Example: you have an appointment to receive your vaccination but could not schedule the appointment with your provider until after the due date. Another example: a required vaccine is unavailable in your current location. *Students in Yale Summer Session are NOT eligible for extensions or waivers.*

A **Waiver** is a delay due to a specific reason that may be related to location, short-duration programs or access to documentation. Waivers are typically temporary but may be permanent. Most individuals should NOT request a waiver, but an extension.

1. Log into *Health On Track* using your NetID at <https://healthontrack.yale.edu/s/>
2. Select “Contact Us” in the navigation bar at the top of the page.
3. Determine whether you are requesting a temporary extension or a temporary or permanent waiver. Most requirements are not eligible for a temporary or permanent waiver.
4. **To request a Temporary Extension:**
 - a. In the dropdown titled “Reason for Contact,” select the option **“Request a temporary extension of a requirement.”**



Yale Campus Health Home My Requirements My Documents Contact Us My Requests Training Command Center

Have a question about your health requirements or how to fulfill them? We have you covered. Complete the form below to connect with the Campus Health team.

Contact Campus Health
Name: Farid Abdul
Email: fabdul@yale.edu

* Reason for Contact
Request a temporary extension of a requirement due date

* Select the requirements you're requesting a waiver/exemption for
 Flu Vaccination
 Meningococcal Immunization
 Meningococcal Serogroup B Immunization

- b. A list of outstanding health requirements will be shown. Select one or more health requirements to request an extension.
- c. Write a message in the “Message” field to indicate your reasoning to request this extension. Include details about why you need the extension and steps you are taking to complete the requirement. Requests with insufficient or incomplete explanation of why the extension is needed will be rejected. If referring to a future appointment, please include the date of the upcoming appointment.
- d. Click **“Submit”** to submit the form to Campus Health and create a case.

- e. Once the extension is requested, the requirement will automatically be placed *In Progress*, and any related health hold will be temporarily lifted. Health hold status updates hourly.
Note: Health Holds will be re-instated if the extension request is rejected.

5. To request a **Waiver**:

- a. In the dropdown titled “Reason for Contact,” select the option “Request a waiver of a requirement (not available for most requirements).”

Yale Campus Health Home My Requirements My Documents Contact Us My Requests FAQ/Training Reports & Notifications Lyndsay Student

Have a question about your health requirements or how to fulfill them? We have you covered. Complete the form below to connect with the Campus Health team.

Health On Track will only send correspondence to yale.edu email addresses for privacy and security considerations. Please check your yale.edu email regularly for responses. (Visiting Yale Summer Session students are not issued yale.edu email addresses.)

If you have a Health Requirement with status of *In Progress*, your documentation will be reviewed in approximately 5-8 business days.

If you already have an inquiry open in My Requests that is *New*, *In Progress*, or *In Review*, please do not open a new inquiry. If you have an update or question related to a request, please reply to an existing inquiry in the email confirmation (search for the case number contained in My Requests page).

Contact Campus Health
 Name: Lyndsay Student
 Email: lyndsay+student@yale.edu.invalid

* Reason for Contact
 Request a waiver from a requirement (not available for most requirements)

* Select the requirements you're requesting a waiver/exemption for
 Flu Vaccination 2025
 Respirator User Medical Clearance Form
 Student Varicella (Chickenpox) Immunity

* Message
 [Text area]

Submit

- b. A list of outstanding health requirements will be shown. Select one or more health requirements to request a waiver.
- c. Write a message in the “Message” field to indicate your reasoning to request this waiver. Include details about why you need the waiver. Requests with insufficient or incomplete explanation of why the waiver is needed will be rejected.
- d. Click “**Submit**” to submit the form to Campus Health and create a case.
- e. Once the waiver is requested, the requirement will automatically be placed *In Progress*, and any related health hold will be temporarily lifted. Health hold status updates hourly.

Note: Health Holds will be re-instated if the waiver request is rejected.