# Yale Campus Health

# Information for International Students About Satisfying Health Requirements

Vaccine administration may vary from country to country. Childhood vaccination requirements in your home country may not be the same as those required in the United States. Understanding the differences will help you meet the requirements.

# **General Guidance**

- Read all instructions carefully. Many errors are common mistakes that are explained in the instructions. Errors in submitting your vaccine documentation will delay completing your health requirements.
- All health and medical documents MUST be in English or accompanied by an English translation.
- All documents must include your full legal name and date of birth (DOB). Documents with just age listed will not be approved. This includes laboratory reports.
- Complete required blood tests before receiving any live vaccine immunizations. Vaccination may
  interfere with certain blood test reactions. Be sure to discuss all requirements with your provider
  to ensure adequate time for completion.
- If a required vaccine is not available in your country contact Campus Health to explore your options. See "Where do I go if I have questions?" below.
- For many required vaccinations a blood test (titer) can be used to show immunity or past illness. All laboratory reports must include your full legal name and date of birth (DOB).
- Yale follows U.S. Centers for Disease Control and Prevention (CDC) vaccination requirements. These may be different from your home country.

#### Measles, Mumps, Rubella (MMR) and Varicella Vaccinations

1<sup>st</sup> dose must be given **on** or **after** your first birthday. Vaccinations given before your first birthday will not be approved and you will need to obtain an additional dose to meet the requirement

- 2<sup>nd</sup> dose MUST be at least 28 days after the first dose.
- Each component of MMR is required. If submitting individual components (example: just measles), you must submit vaccinations or titers proving immunity for all components (Measles, Mumps, and Rubella).
- U.S. guidance allow doses of MMR and Varicella vaccinations to be given on the same day. While
  you need to wait 28 days between live doses, you can receive a dose of MMR and Varicella on
  the same day.

### **Meningococcal Vaccination**

- Vaccination required for all students living in Residential Colleges (university dormitories) or E. S. Harkness Hall.
- Vaccine must have been given AFTER your 16<sup>th</sup> birthday and WITHIN five (5) years of your program start date.
- Meningococcal Vaccination must cover strains A, C, Y, W-135.
- MenB vaccine is optional but will NOT satisfy your vaccination requirement.

### **Tuberculosis (TB) Baseline or Annual Screening**

- TB blood test (titer) must be QuantiFERON Gold or T-spot. PPD skin tests will not be accepted.
- Blood test must be within 6 months of the start of your program.
- BCG vaccine will not meet the requirement.
- TB blood test must be done either on the same day as vaccinations with live-virus vaccine (i.e. MMR or varicella) or at least one month after the administration of the live-virus vaccine, due to the potential for false negative TB tests.

### Hepatitis B Immunity (if required, must complete both)

- Vaccination Completed series (2 dose or 3 dose) Hepatitis B vaccination and
- Titer (blood test) Quantitative Hepatitis B Surface Antibody titer.
  - Must have a numerical result indicating immunity. Qualitative test results that ONLY say "Immune" or "Not immune" will not be approved.
  - Titer can be performed at any time 4-6 weeks after last dose; does not need to be recent but must indicate immunity.

#### Health On Track Information

**Health On Track** is Yale's system for uploading and tracking health requirements for student, employee, or faculty members. You will use *Health On Track* to satisfy your health requirements.

#### How do I access Health On Track?

Once the portal has opened, Students can log into *Health On Track* via <u>Yale Hub</u> or the <u>Campus Health website</u> or directly at: <a href="https://healthontrack.yale.edu/s/">https://healthontrack.yale.edu/s/</a>.

#### My health requirement says 'In Progress' – what does that mean?

'In Progress' means that the documentation has been sent to the Campus Health team for additional review and verification.

#### Where do I go if I have questions?

For questions about *Health On Track*, please use the "Contact Us" tab in the *Health On Track* system and select the appropriate request process.

# Who do I contact if I'm unable to satisfy a health requirement before the due date?

Use the "Contact Us" tab to submit a request for a health requirement extension from the picklist. You will be asked to submit a reason for your request. Your request will be reviewed and determined if appropriate for extension. Yale Summer Session students are not eligible to request extensions.